



5 – 7 June 2026

Cambridge , United Kingdom

Modern Methods of Teaching English in Higher Education: Challenges and Practical Solutions

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Abstract

This presentation is based on my personal teaching experience as an English language teacher at Tajik National University. It focuses on modern methods of teaching English in higher education, particularly communicative language teaching, student-centered learning, and practical classroom strategies. In my teaching practice, I face an important challenge: many students come from remote areas where they have had little or no exposure to English at school. As a result, there is a significant difference in language proficiency within the same classroom. Some students are confident in English, while others are complete beginners. To address this issue, I apply differentiated instruction by giving different tasks according to students' levels. I also use pair and group work, where stronger students support weaker ones. This helps create cooperation, motivation, and a more inclusive learning environment.

In addition, I integrate simple digital tools such as mobile applications, online dictionaries, and short educational videos to make lessons more interactive and engaging.

The aim of this presentation is to share practical and realistic teaching strategies that can help improve students' participation, motivation, and overall learning outcomes in non-English speaking environments

Keywords: Education, Methods, Modern, Teaching, University