

The Impact of Social Support on Student Resilience and Academic Success in the Moravian-Silesian Region

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Abstract

Modern society places high demands on individuals' ability to adapt to changes driven by technological progress and structural transformations in various industries. In the Moravian-Silesian Region, the decline of the mining industry and other economic shifts influence the social and educational conditions of children. This research focuses on examining the impact of social support on students' academic success and resilience in the region.

A key aspect is the subjective perception of social support, which refers to how students perceive support from family, friends, and teachers. This plays a crucial role in their adaptation to life changes. Social support is understood as a factor of resilience, defined as an individual's ability to overcome adverse situations and achieve an adequate quality of life. The research analyzes coping strategies in both school and family environments and identifies factors affecting students' psychological well-being.

The research design is based on a quantitative methodology and utilizes standardized questionnaire methods (CD-RISC 10, SPAS, CASSS) adapted for lower secondary school students. Data are collected using the online platform Qualtrics. The research aims to propose measures that support students' academic success and adaptation to social and economic changes in the region. The findings may contribute to formulating strategies that enhance children's resilience and social integration in the school environment.

Keywords: academic success; Moravian-Silesian Region; resilience; social support