

# **The Role of Project-Based Learning (PBL) in Developing Students' Life Skills**

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## **Abstract**

Project-based learning (PBL) is an educational approach that emphasizes active learning by engaging in real projects, where the students work in groups to achieve common goals (Kong, Cheung, & Tsang, 2024), providing them with the opportunity to face real-world challenges (Song et al., 2024) and helps them interact with real-life issues and enhances their ability to think critically and collaborate (Lavado-Anguera et al., 2024). Life skills refer to a wide range of abilities that enable individuals to deal with the challenges of everyday life effectively (Hasrat et al., 2024). The development of life skills has become vital in education, as it enhances the ability of students to interact effectively in their lives (D'Angelo et al., 2022) where active learning plays a main role in the development of these skills (Gupta, 2021). The study aims to identify the role of project-based learning in developing students' life skills. the quantitative method was used, and the sample members were selected by simple random method, where the questionnaire was distributed to (45) teachers out of (96) at Tawfiq Abu Al-Huda Secondary School in Jordan. The results showed that the reality of practicing project-based learning in the school from the point of view of teachers came with a high degree, as the arithmetic mean of the dimension (3.78), and the reality of developing life skills came with a moderate degree, as the arithmetic mean of the dimension (3.16), and showed that there is a moderate intensity direct correlation between practicing project-based learning and developing life skills, with a value of (0.437). It is recommended to provide training programs and integrate life skills more into the curriculum through project-based learning activities.

**Keywords:** Collaboration, Critical thinking, Communication, Problem-solving, Creativity