# The Application of Multi-element Picture Books to Enhance Self-esteem

**Choy Yat-ling**

*The Education University of Hong Kong*

## ABSTRACT

Picture books are important teaching materials. Nowadays it is common for picture books to be combined with multimedia, such as animation, augmented reality, virtual reality, and other technologies, in order to stimulate the reader's multi-senses. In this paper, we analyze how to combine experiential and interactive directions, such as sight, hearing, speaking, smell, and touch, in the creation of picture books. Counseling theories and techniques have been incorporated into the design in the hope that primary school students will be able to enhance their understanding of themselves and their communication with others through classroom activities, thereby enhancing their reading experience and self-esteem.

**Keywords**: Multi-element, Picture book, Reading experience, Self-esteem