

The Construction and Path Exploration of Social Psychological Service System

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Abstract

The social psychological service system is a grand and complex comprehensive project, and the key is to establish a scientific and effective working mechanism. Related policy documents for long-term operation system play an important role, issued in 2021 "on further reduce the compulsory education stage students homework burden and the burden of the training opinion", the policy focuses on reducing the compulsory stage students' academic burden and schoolwork burden, the advancement of teaching and social psychological service reform to improve teaching quality and service level, foster the development of primary and secondary school education reform development, adhere to promote the education, form a "5 + 2" education teaching core value mode, cultivate self-esteem, Rational and peaceful, positive social mentality, improve the teaching management procedures, give play to the role of the main position of education, innovation of education and teaching mechanism, and implement the fundamental task of moral education. Promote the "double reduction" policy to return to the standard of education, form the collaborative linkage education mode of home, school and society, provide path reference for the return of the double reduction policy, continuously explore the path for the new path and new scheme of the social psychological service system, and provide path guidance for the construction of the social psychological service system.

Keywords: double reduction policy, social psychological service system, mental health, path intervention