

# Validating a School Satisfaction Instrument for Romanian Children: The Impact of Family Background and Digital Media Exposure

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## ABSTRACT

School satisfaction represents a crucial indicator of children's well-being and academic success, yet validated instruments for measuring this construct in Romanian primary school students are limited. This study aims to validate a school satisfaction instrument and examine the relationships between students' satisfaction levels and various factors, including parental education, family structure, and digital media exposure. The research employed a sample of 122 children from third and fourth grades across five Romanian schools, representing both urban and rural areas. The methodology involved administering a comprehensive questionnaire that assessed school satisfaction alongside demographic and lifestyle factors. Statistical analyses revealed significant differences in school satisfaction levels based on parental educational background, number of siblings, and daily digital device usage. Results indicated that children from families with higher parental education levels reported greater school satisfaction, while increased digital media exposure was associated with lower satisfaction levels. Family size showed varying effects on school satisfaction. These findings provide valuable insights for educational practitioners and policymakers, suggesting the importance of considering both family background and modern lifestyle factors in understanding and enhancing students' school satisfaction. The validated instrument offers a reliable tool for assessing school satisfaction among Romanian primary school children while highlighting the complex interplay between family dynamics, digital media usage, and educational experience.

**Keywords:** digital consumption; learning environment; primary education; sociodemographic variables; well-being