Sex Scandals in Women Leadership: Sonic Therapeutic Intervention Approach

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Abstract

Although there is a plethora of studies on leadership sex scandals in the research industry, leadership investigative inquirers have neglected to research sonic therapeutic intervention as a preventive strategy for women leaders' involvement in the crisis of illicit sex scandals. Considering that women leaders have higher indefatigability than men, are the backbone of the family, the bedrock of the nation, and transmitters of culture, the appropriate channeling of women leaders' sexual energy for greater productivity and performance, is crucial. Grounded in Goleman's emotional intelligence and Prabhupada's sonic therapeutic frameworks, the purpose of this qualitative phenomenological study is to sonographically investigate the lived experiences of six sonic therapeutic intervention (STI) practitioners on how STI enables women leaders to avert sex scandals. Snowballing sampling strategy enabled research samples. The investigative inquirer procured data by utilizing semi-structured interviews and documentary reviews. An analysis of the interview transcription data showed that sonic therapeutic intervention facilitated cheating propensity mitigation, consequentiality awareness, high emotional intelligence, high self-regulation, high self-control, illicit sex urge extenuation, illicit sex reduction, mental health improvement, protranscendental value, and sobriety. These ten themes that emerged eased the prevention of women leaders in sex scandals. Implications of the research for constructive societal transformation include leading with emotional intelligence, trustworthy women leadership, self-regulatory leadership, values-based women leadership, prevention of trauma associated with sex scandals, peopleoriented women leadership, inclusive leadership, and diversity leadership. This study filled the gap in the leadership and organizational change literature.

Keywords: consequentiality awareness; high emotional intelligence, high self-regulation; inclusive leadership; mental health enhancement