

## Social Workers' Intervention to Address Depression Among the Elderly

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### Abstract

Depression is common in all ages, whether they are child, adult or senior citizens. The elderly population suffering from depression is not addressed and they are often undiagnosed and untreated. The characteristic risks associated with depression affect various aspects of their lives, including health, well-being, and ultimately deteriorate their self-esteem. The population suffering from depression are becoming many folds and this is becoming serious concern for the healthy society. Depression among the elderly is recognized through Health Fraternity and Psychiatric Social Case Work proceedings and simultaneously identifying proper diagnosis with appropriate treatment for the rehabilitation is provided to the elderly person's depression. The application of the social work practice in these paramount important issues of the subjects that are suffering from depression, is discussed at both micro and macro. The findings of this study will generate awareness, educate, and facilitate needful modifications in the diagnosis and treatment of depression in the elderly. Community may distinguish and intervene with depressed elderly more often, reducing their incidence of depressed elderly.

**Keywords:** Social Work, Depression, Elderly