

Change in Personality of Partners After Marriage

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ABSTRACT

Marriage is a social and legal union between two individuals, typically intending to form a family and share their lives. It is a multifaceted institution that plays a significant role in shaping social structures and personal lives. People's motivations for marriage, as well as their experiences within marriages, are highly subjective in nature. The question of whether individuals change their personality after marriage is complex and depends on individuals as well as couples. Personality is generally considered to be a stable trait, shaped by both genetic and environmental factors. However, an individual's personality is dynamic in nature and keeps on changing depending upon various factors of life. This paper explores how marriage may influence the psychological well-being and personality of the couple and how a partner's change in personality may affect the other person in a marital relationship. In a study that consists of qualitative analysis, this paper focuses on studying the change in the personality of partners after marriage. A semi-structured interview of ten married couples across the globe was conducted to analyze the big five factors of personality i.e., openness to experience, conscientiousness, extraversion, agreeableness, and neuroticism. Significant cultural differences were recorded among these couples of various countries who were in marital relationships.

Keywords: couple; cultural difference; marital relationship; OCEAN; psychological well-being