

Psychological Characteristics of Students with Signs of Obsessive-Compulsive Disorder

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Abstract.

Nowadays, obsessive-compulsive disorder is affecting an increasing number of young people. Psychologists believe that obsessive-compulsive disorder, as a rule, develops at a young and adolescent age which significantly complicates the further social adaptation of the person. This emphasizes the social significance of research on obsessive-compulsive disorder. As a psychological problem, the question about the predictors of obsessive-compulsive disorder development becomes particularly relevant. It is necessary to solve the problem, as it has been revealed that OCD negatively reduces working ability, learning adaptation, academic performance and quality of students' life. The *purpose* of the present paper is to provide experimental results on revealing the relationship between the manifestation of the signs of obsessive-compulsive disorder and the personality characteristics of psychology students. The experimental study used methods and techniques at the junction of such sciences as general, social and clinical psychology. Research methods: observation, experiment, testing, survey. Research methods: Symptomatic questionnaire SCL-90-R, Personality questionnaire "Big Five", "Self-evaluation diagnostic technique of Ch. D. Spielberger, statistical methods. It was revealed that predictors of obsessive-compulsive disorder development are individual-personal characteristics acquired genetically; and as a result of family upbringing; high level of anxiety and self-control; anxiety and decreased mood. We drew up a psychological portrait of a student with predisposition to obsessive-compulsive disorder. The study was conducted within the framework of the project of the Ministry of Education and Science of the Republic of Kazakhstan IRN AR14872123 "Participatory management of the development of scientific and innovative potential of the faculty of a research university."

Keywords: obsessive-compulsive disorder, students, anxiety, self-control, anxiety