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Understanding the Wellbeing of Migrant Workers Using the Grounded Theory Within the Small Island States- A Case Study of Mauritius

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Abstract.

This study focusses on the wellbeing of migrant workers in Mauritius and the role of social work in advancing the welfare and wellbeing of these individuals on both at social and environmental level. The purpose of this paper is to understand the wellbeing of migrant workers in Mauritius from a social work perspective through the application of the grounded theory. Qualitative method of collecting data was applied. A triangulation approach of collecting data was applied through: Focus Group discussion, Observation and semistructured interviews with sixteen migrant workers that are from Bangladesh, Madagascar, Nepal and India working and living for more than one year in Mauritius. The respondents work in different sectors such as textile factory, construction, supermarket, hotel and vegetables plantation. This research extends the existing literature on wellbeing of migrant workers by using the Grounded Theory in Mauritius as case example. The application of the Grounded theory provides an insight on three types of wellbeing in terms of: Micro, Mezzo and Macro. The results of this study showed that migrant workers are extremely resilient during hardship and when facing loneliness. The main findings from this research revealed that migrant workers wellbeing is subjective.

Keywords: Grounded Theory, Migrant workers, Mauritius, Triangulation, Wellbeing