

Challenges and Strategies for Academic Success in the 21st Century: Navigating Distractions and Fostering Intrinsic Motivation

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Abstract

This study explores the challenges and strategies for academic success in the 21st century. Technological innovations and political unrest have led to job displacements and disruptions in global trade. Meanwhile, the prevalence of smartphone applications, particularly social media, poses a significant distraction for young people. Achieving academic success amidst these distractions and technological influences is increasingly difficult.

To succeed in school, training, or higher education, organization, structure, and discipline are crucial. However, intrinsic motivation is essential in overcoming external disruptions. The social environment and engagement in leisure activities also significantly impact motivation and academic achievement. Responsibility and perseverance are key for individuals seeking to improve their grades and succeed academically.

This paper addresses these factors comprehensively, offering strategies for achieving better grades and long-term academic success. By emphasizing the importance of intrinsic motivation, organization, and discipline, individuals can navigate the challenges of the modern academic landscape.

Keywords: Academic success, Academic Landscape, External Influences, Modern Challenges, Social Environment, Technological Disruptions