

Enhancing Quality of Life for people with intellectual disabilities through Social Farming

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Abstract

This proposal explores the conceptual framework of Quality of Life QoL (Giaconi, 2015; Schalock, Verdugo Alonso, 2006, 2002), through the practical application of the Personal Outcome Scale within a specific case study. Specifically, this study centers on implementing the QoL model in a young individual with intellectual disabilities who is actively involved in a social agriculture initiative known as "Tuttincluso."

The "Tuttincluso" project represents an innovative approach to fostering social inclusion and training for individuals with intellectual disabilities. This project has been made possible through a collaboration of both public and private organizations, aiming to provide a sustainable alternative to traditional rehabilitation day centers.

The research primarily focuses on analyzing data collected before and after an educational intervention using the Personal Outcome Scale. The assessment is conducted through self-assessment by the individual with intellectual disabilities and external evaluation by one of their caregivers. The objective of this study is to shed light on the significance of assessment and strategic planning in supporting social inclusion and training. These measures are shown to be effective tools in improving the Quality of Life for people with disabilities.

Keywords: Social Inclusion, Intellectual Disabilities, Personal Outcome Scale, Quality of Life, Case Study