

Exploring Quality of Life of Young Adults with Intellectual Disabilities: Educational Pathways

Catia Giaconi¹, Noemi Del Bianco², Ilaria D'Angelo³, Alessandra Marfoggia⁴

University of Macerata/Department of Education, Cultural Heritage and Tourism

Abstract

This proposal delves into the theoretical framework of Quality of Life - QoL (Giaconi, 2015; Schalock, Verdugo Alonso, 2006, 2002), through the application of the Personal Outcome Scale in a specific case study. In particular, this study focuses on the implementation of the QoL model in a young person with intellectual disabilities participating in a social agriculture project called "Tuttincluso". Thanks to the creation of a network of public and private entities, the project represents an innovative approach to social inclusion and vocational education and training, aiming to provide a viable alternative to traditional rehabilitation day centers. This research focuses on the analysis of data resulting from completing the POS scale (through self-assessment, by the person with intellectual disabilities, and external evaluation, by one of her caregivers) before and after the educational intervention. Through the study of the results we aim to highlight the importance of assessment and planning for the support of social inclusion and vocational education as tools that can increase the QoL of people with disabilities.

Keywords: Vocational education and training; Intellectual Disabilities; Personal Outcome Scale; Quality of Life; Case Study