

Self-Concept as a Correlate of Aggressive Behaviour among Undergraduate Students of University of Ilorin, Kwara State, Nigeria

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Abstract

Aggressive behaviour is a menace that has lasting consequences and could affect school avoidance and academic performance. This study therefore investigated the correlation between self-concept and aggressive behaviour among undergraduate students of University of Ilorin, Kwara State, Nigeria. Stratified random sampling technique was adopted to select 720 (386 male and 334 female) participants. Instrument titled “Self-concept and Aggressive Behaviour Questionnaire (SABQ)” was used to collect data for the study. The instrument possessed reliability coefficient of $r=77$. Statistical analysis used were mean summation and average, Pearson’s Product Moment Correlation and the t-test. There was low level of self-concept among respondents; males have low self-concept than female undergraduate students. There was high level of aggressive behaviour among respondents; males have more aggressive behaviour. There was positive correlation between self-concept and aggressive behaviour of respondents. School Counsellors should design and implement programmes that could enhance self-concept and reduce aggressive behaviour among undergraduates.

Keywords: Self-concept, Aggressive Behaviour, Correlates, Undergraduates, University.