

## Socio-Psychological Impacts of Covid-19 (A Case Study of District Swabi)

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### Abstract

A cross sectional based study was conducted in district Swabi with the sole aim to explore Socio-Psychological impacts of Covid-19 (A case study of district Swabi). A sample size of 351 respondents were selected randomly as per Sekaran criteria. Further, structured questionnaire technique was used for taking primary information regarding the study variables i.e. sociological impacts, and psychological impacts of Covid-19 respectively. Moreover the primary data was further analyzed in terms of descriptive analysis (Frequency and percentage proportion) at univariate level while inferential, (Chi-square application) at bivariate level. The study found that a highly significant association ( $P=0.000$ ) was found between Covid-19 is a fully script drama and myth based ideology, social relationship at familial dynamics disrupted due to lockdown situation, Fear of economic expenditure of household budget were transformed from food item toward precautionary measures, Economic dependency of women over male deteriorate the health condition of women respectively, Moreover with regard to psychological effects and Covid-19 a highly significant ( $P=0.000$ ) association was found with study attributes namely budget allocation to health and food effect psychological wellbeing of bread owner, Covid-19 changed the unhygienic to hygienic way of life and decision making and self-esteem of participants disrupted due to excessive use of social media. Thus the study concluded that Covid-19 affect all the dynamics of life at macro and micro level which worsen the social life and psychological wellbeing in particular. Thus, the government should mitigate to overcome on the socio-psychological problems will ensure to dethrone this pandemic and by giving health to all despite of stratification were put forwarded some of the recommendations in the light of the present study.

**Keywords:** Covid-19, Swabi, Chi-square, Psychological impacts, Social impacts, Swabi