

The Development of Malaysian Football Coaching Process ‘Model’: Malaysian State Sports School

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Abstract

This research is conducted to identify the most significant Malaysian Development Football Coaching Process Model in Malaysian coaching context that describe the key development themes emerged from Cote and Gilbert (2009) Model of effective coaching in Malaysian State Sport Schools. A total of 14 head coaches from 14 states of Malaysian State Sports School were chosen following the purposive sampling proposed by Patton (2002). The research instrument used is in-depth semi structured interview with open ended that emerged from Evolved Grounded Theory advocated by Strauss and Corbin (1990,1998). The aims of the study were achieved and coaching process ‘model’ will hopefully provide an impetus to examine further coaching process and particularly strategies and techniques to ensure all coaches are well supported, trained and developed. The implication of the study expected to be useful to all the development football coaches as a tool in their coaching program.

Keywords: Football, Coaching Process, Key Development Themes, Effective Coaching