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## Understanding Life and the Universe through ART

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## **Abstract**

Ultimately, everyone/everything in this universe is unique and extraordinary including nature. Every life, soul, object etc. is a wonderful creation/gift or an art of nature. Recognizing ourselves as a beautiful creation, we have to translate obstacles, problems of our life into opportunities. We all have our own identity, power, strength; just need to recognize it. All creation of the universe is an extended form of invisible power "The Wave". Ultimately Emerging and departure of all the soul and elements are a form of "The Wave". Symbol of all these elements of life is represented in my painting through a bright circle in the middle. There will be a fingerprint of each creature in that middle circle which symbolize that all of us are unique and significant part of this universe. It is a symbolic visual representation of each element or life and wisdom is only the path of getting happiness, prosperity, and peace in life. One of my paintings is attached to this paper. All other elements of the painting are a symbol of enemy-friend, hope-pessimism, happiness-sorrow, light-darkness, strength-weakness, Problem-solution of life. Thus, major objective of our life is to find out the obstacles and handle them with winning mentality. As a scholar in this field; my thoughts, experience and research, this paper provides information to the world about better living through the eyes of Painting.

Key Words: Element; Fingerprint; Painting; Universe; Wave